

STANDARD OUT-PATIENT LABORATORY REQUISITION

ORDERING PRACTITIONER: ADDRESS, PHONE, MSP PRACTITIONER NUMBER

Yellow highlighted fields must be completed.

For tests indicated with a blue tick box , consult provincial guidelines and protocols (www.BCGuidelines.ca) https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines

Bill to -> MSP ICBC WorkSafeBC PATIENT OTHER: _____

PERSONAL HEALTH NUMBER ICBC/WorkSafeBC NUMBER LOCUM FOR PRACTITIONER AND MSP PRACTITIONER NUMBER:

LAST NAME OF PATIENT FIRST NAME OF PATIENT If this is a STAT order please provide contact telephone number:

DOB YYYY MM DD SEX M F Pregnant? YES NO Fasting? _____ h pc Copy to PRACTITIONER/MSP Practitioner Number:

PRIMARY CONTACT NUMBER OF PATIENT SECONDARY CONTACT NUMBER OF PATIENT OTHER CONTACT NUMBER OF PATIENT Copy to PRACTITIONER/MSP Practitioner Number:

ADDRESS OF PATIENT CITY/TOWN PROVINCE POSTAL CODE

DIAGNOSIS CURRENT MEDICATIONS/DATE AND TIME OF LAST DOSE

HEMATOLOGY URINE TESTS CHEMISTRY

- Hematology profile On Anticoagulant? Yes No Specify: _____
- INR
- Ferritin (query iron deficiency)
- HFE - Hemochromatosis (check ONE box only)
 - Confirm diagnosis (ferritin first, ± TS, ± DNA testing)
 - Sibling/parent is C282Y/C282Y homozygote (DNA testing)
- Macroscopic → microscopic if dipstick positive
- Macroscopic → urine culture if pyuria or nitrite present
- Macroscopic (dipstick) Microscopic *
- * Clinical information for microscopic required: _____
- Glucose - fasting (see reverse for patient instructions)
- Glucose - random
- GTT - gestational diabetes screen (50 g load, 1 hour post-load)
- GTT - gestational diabetes confirmation (75 g load, fasting, 1 hour & 2 hour test)
- GTT - non-gestational diabetes
- Hemoglobin A1c
- Albumin/creatinine ratio (ACR) - Urine

MICROBIOLOGY - LABEL ALL SPECIMENS WITH PATIENT'S FIRST & LAST NAME, DOB, PHN & SITE

ROUTINE CULTURE HEPATITIS SEROLOGY LIPIDS

- On Antibiotics? Yes No Specify: _____
- Throat Sputum Blood Urine
- Superficial Wound, Site: _____
- Deep Wound, Site: _____
- Other: _____
- VAGINITIS**
 - Initial (smear for BV & yeast only)
 - Chronic/recurrent (smear, culture, trichomonas)
 - Trichomonas testing
- GROUP B STREP SCREEN** (Pregnancy only)
 - Vagino-anorectal swab Penicillin allergy
- CHLAMYDIA (CT) & GONORRHEA (GC) by NAAT**
 - Source/site: Urethra Cervix Urine Vagina Throat Rectum
 - Other: _____
- GONORRHEA (GC) CULTURE**
 - Source/site: Cervix Urethra Throat Rectum
 - Other: _____
- STOOL SPECIMENS**
 - History of bloody stools? Yes
 - C.difficile testing Stool culture Stool ova & parasite exam
 - Stool ova & parasite (high risk, submit 2 samples)
- DERMATOPHYTES**
 - Dermatophyte culture KOH prep (direct exam)
 - Specimen: Skin Nail Hair
 - Site: _____
- MYCOLOGY**
 - Yeast Fungus Site: _____
- HEPATITIS SEROLOGY**
 - Acute viral hepatitis undefined etiology**
 - Hepatitis A (anti-HAV IgM)
 - Hepatitis B (HBsAg ± anti-HBc)
 - Hepatitis C (anti-HCV)
 - Chronic viral hepatitis undefined etiology**
 - Hepatitis B (HBsAg; anti-HBc; anti-HBs)
 - Hepatitis C (anti-HCV)
 - Investigation of hepatitis immune status**
 - Hepatitis A (anti-HAV, total)
 - Hepatitis B (anti-HBs)
 - Hepatitis marker(s)**
 - HBsAg
 - (For other hepatitis markers, please order specific test(s) below)
 - HIV Serology**
 - (patient has the legal right to choose not to have their name and address reported to public health = non-nominal reporting)
 - Non-nominal reporting
- LIPIDS**
 - one box only
 - Note: Fasting is not required for any of the panels but clinician may specifically instruct patient to fast for 10 hours in select circumstances [e.g. history of triglycerides > 4.5 mmol/L], independent of laboratory requirements.
 - Full Lipid Profile - Total, HDL, non-HDL, LDL cholesterol, & triglycerides (Baseline or Follow-up of complex dyslipidemia)
 - Follow-up Lipid Profile - Total, HDL & non-HDL cholesterol only
 - Apo B (not available with lipid profiles unless diagnosis of complex dyslipidemia is indicated)
- THYROID FUNCTION**
 - For other thyroid investigations, please order specific tests below and provide diagnosis.
 - Monitor thyroid replacement therapy (TSH Only)
 - Suspected Hypothyroidism (TSH first, FT4 if indicated)
 - Suspected Hyperthyroidism (TSH first, FT4 & FT3 if indicated)

OTHER CHEMISTRY TESTS

- Sodium Creatinine / eGFR
- Potassium Calcium
- Albumin Creatine kinase (CK)
- Alk phos PSA - Known or suspected prostate cancer (MSP billable)
- ALT PSA screening (self-pay)
- B12 Pregnancy test
- Bilirubin β-HCG - quantitative
- GGT
- T. Protein

OTHER TESTS - Standing Orders Include expiry & frequency

- ECG
- FIT (Age 50-74 asymptomatic q2y) Copy to Colon Screening Program
- FIT No copy to Colon Screening Program

SIGNATURE OF PRACTITIONER DATE SIGNED

DATE OF COLLECTION TIME OF COLLECTION COLLECTOR TELEPHONE REQUISITION RECEIVED BY: (employee/date/time)

INSTRUCTIONS TO PATIENTS (See reverse)

Other Instructions:

The personal information collected on this form is collected under the authority of the Personal Information Protection Act. The personal information is used to provide medical services requested on this requisition. The information collected is used for quality assurance management and disclosed to healthcare practitioners involved in providing care or when required by law. Personal information is protected from unauthorized use and disclosure in accordance with the Personal Information Protection Act and when applicable the Freedom of Information and Protection of Privacy Act and may be used and disclosed only as provided by those Acts.

Vancouver Coastal Health/Providence Health Care Laboratory Locations

Website: LMLabs.phsa.ca

<p>Bella Coola General Hospital 1025 Elcho Street, Bella Coola, BC V0T 1C0 Tel: 250-799-5311, Ext 230 Fax: 250-799-5350 Hours of Operation: Monday-Friday 8:15 AM-4:00 PM Closed weekends and Stat Holidays</p>	<p>Lions Gate Hospital Laboratory Second Floor, 231 15th St. East, North Vancouver, BC V7L 2L7 Tel: 604-984-5755 Fax: 604-984-5984 Hours of Operation: Appointments available Monday-Friday 7:30 AM-5:00 PM Sat-Sun 8:00 AM-12:00 NOON Closed Stat Holidays</p>
<p>Mount Saint Joseph Hospital Laboratory Ground Floor, 3080 Prince Edward St., Vancouver, BC V5T 3N4 Tel: 604-877-8302 Fax: 604-877-8108 Hours of Operation: Appointments available Monday-Friday 8:00 AM-4:00 PM Closed weekends and Stat Holidays</p>	<p>Pemberton Health Centre Laboratory 1403 Portage Road, Pemberton, BC V0N 2L0 Tel: 604-894-6939 Fax: 604-894-6915 Hours of Operation: Appointments available Monday-Friday 8:45 AM-12:00 NOON and 1:00 PM-4:00 PM Closed weekends and Stat Holidays</p>
<p>Powell River General Hospital Laboratory 5000 Joyce Avenue, Powell River, BC V8A 5R3 Tel: 604-485-3266 Fax: 604-485-3236 Hours of Operation: Appointments available Monday-Friday 7:30 AM-4:00 PM Dropped ins accepted 8:00 AM-3:00 PM Closed weekends and Stat Holidays</p>	<p>Richmond Hospital Laboratory 2nd Floor, Rm 2552, South Tower - 7000 Westminster Hwy Richmond, BC V6X 1A2 Tel: 604-244-5295 Fax: 604-244-5161 Hours of Operation: Monday-Friday 8:00 AM-5:00 PM Sat-Sun 9:00 AM-2:00 PM Open some holidays</p>
<p>R.W. Large Memorial Hospital 88 Waglisla Street, Bella Bella, BC V0T 1Z0 Tel: 250-957-2314, Ext 234 Fax: 250-957-2702 Hours of Operation: Monday-Friday 8:00 AM-3:00 PM Closed weekends and Stat Holidays</p>	<p>Sechelt Hospital Laboratory 5544 Sunshine Coast Hwy, Sechelt, BC V0N 3A0 Tel: 604-885-8603 Fax: 604-885-8632 Hours of Operation: Tuesday-Friday 8:00 AM-4:00 PM Sat 9:30 AM-12:00 NOON Closed Sunday and Stat Holidays</p>
<p>St. Paul's Hospital Laboratory Second Floor, Providence I Building 1081 Burrard St., Vancouver, BC V6Z 1Y6 Tel: 604-806-9098 Fax: 604-806-8342 Hours of Operation: Appointments available Monday-Friday 7:00 AM-6:00 PM Sat-Sun 10:00 AM-3:00 PM Closed Stat Holidays</p>	<p>Squamish General Hospital Laboratory 38140 Behrner Drive, Squamish, BC V0N 3G0 Tel: 604-892-6040 Fax: 604-892-6042 Hours of Operation: Appointments available Monday-Saturday 7:30 AM-4:00 PM Closed Sunday and Stat Holidays</p>
<p>UBC Hospital Laboratory Room M210, Main Floor, Koerner Pavilion 2211 Wesbrook Mall, Vancouver, BC V6T 2B5 Tel: 604-822-7271 Fax: 604-822-7575 Hours of Operation: Appointments available Monday-Friday 8:00 AM-4:45 PM Closed weekends and Stat Holidays</p>	<p>Vancouver General Hospital Outpatient Laboratory Gordon & Leslie Diamond Health Care Centre Level 1-2775 Laurel Street, Vancouver, BC V5Z 1M9 Tel: 1-877-747-2522 Fax: 604-875-5882 Hours of Operation: Appointments available Monday-Friday 7:00 AM-4:45 PM Closed weekends and Stat Holidays</p>
<p>Whistler Health Care Centre Laboratory 4380 Lorimer Road Whistler, BC V8E 1A7 Tel: 604-932-4911 Fax: 604-932-4363 Hours of Operation: Appointments available Monday-Friday 8:30 AM-12:00 NOON and 1:00 PM-4:00 PM Closed weekends and Stat Holidays</p>	<p>APPOINTMENTS AVAILABLE VIA LAB ONLINE BOOKINGS: www.labonlinebooking.ca</p>

Patient Instructions

Caution: Water is permitted while fasting for blood tests. Unless specifically ordered to do so, patients with known or suspected kidney or urinary tract problems should not restrict their water intake while fasting. Smoking is discouraged

Glucose Fasting - Do not eat or drink, except water, for 9-12 hours prior to the test.

Glucose 2HR Post Meal - Eat a meal exactly 2 hours before arriving at the laboratory. Do not eat again until the test is completed.

Glucose Tolerance - Eat regular meals (adequate carbohydrate intake) for 3 days prior to the test. Do not eat or drink, except water, for 9-12 hours prior to the test. Contact laboratory. Appointment may be required.

Cholesterol/Triglyceride/HDL - Do not eat or drink, except water, for 8-12 hours prior to the test. Abstain from alcohol for 48 hours.

Insulin, C-Peptide*, Gastrin - Do not eat or drink, except water, for 9 hours prior to test.

***C-Peptide** - Recent islet cell transplant or pancreatic transplant recipients may require non-fasting C-Peptide tests.

Therapeutic Drug Monitoring - The drug should be taken regularly without dosage change during the week preceding sampling. Blood should be collected JUST PRIOR to the next dose. Check with the laboratory or your doctor if this presents a problem. Please provide information about date/time and amount of the last dose to help result interpretation.

Further Testing Information - Check with your doctor or with one of the above laboratories.